

Opening Mantra

*Vande Gurunam charanaravinde
Sandarshita svatmasukhavabodhe
Nishreyase jangalīkayamane
Samsara halahala mohashantyai.*

*[I worship the Guru's lotus feet
Awakening the happiness of the Self revealed
Beyond comparison, acting like the jungle physician
To pacify delusion from the poison of existence.]*

Source: Yoga Taravalli by Shankaracharya

Closing Mantra

*Om Swasthi praja bhayah Pari pala yantam
Nya yena margena Mahi mahishaha
Go brahmanebhyaha Shubhamastu nityam
Lokaa samastha sukhino Bhanvantu
Om, Om, Shanti, Shanti, Shanti*

*[Let Prosperity be Glorified
Let rulers (administrators) rule the world with law and justice.
Let Divinity and Erudition be protected.
Let people of the world be happy and prosperous.]*

Source: Yoga Taravalli by Shankaracharya

